

WePlan2020 Community Health Improvement Plan

Priorities, Goals, & Strategies

Health Equity

<u>Priority</u>	<u>Goal</u>	<u>Strategy</u>
1.	Expand our understanding of what creates health.	1.1 Raise awareness of the existence of health inequities & create a new narrative.
		1.2 Analyze, assess, and report on social conditions and health inequities using participatory processes.
		1.3 Transform community and public health practice through organizational development.
2.	Strengthen the capacity of communities to create their own healthy future.	2.1 Build capacity and power of communities to secure resources necessary for health in their neighborhood and living conditions.
		2.1 Build power of communities to secure resources necessary for health in their neighborhood and living conditions.
3.	Implement a 'Health in All Policies' approach with health equity as the goal.	3.1 Recommend and advocate for policies that advance health equity and tackle root causes.
		3.2 Ensure safe, equitable, affordable and healthy housing.
		3.3 Improve the built environment and increase active transportation.

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Behavioral Health

<u>Priority</u>	<u>Goal</u>	<u>Strategy</u>
	1. To support and enhance the mental health and well-being of all Suburban Cook County residents.	<p>1.1 Promote and expand behavioral health resources and services integration into primary care in order to: improve routine screening and diagnosis of depressive disorders, increase provider use of evidence based protocols for active management of depressive disorders, and improve clinical and community support for active patient engagement in treatment goal setting and self-management.</p> <p>1.2 Increase coordination efforts to provide community prevention strategies and supportive services tailored to vulnerable populations.</p> <p>1.3 Increase community awareness and understanding of behavioral health.</p> <p>1.4 Reduce prescription drug and other opiate overdoses.</p>
	2. Increase support services and programs for behavioral health promotion and prevention efforts focusing on young children and families.	<p>2.1 Maximize the number of young children enrolled in quality early childhood programs and evidence-informed family support programs in identified low opportunity suburban Cook County communities.</p> <p>2.2 Increase the proportion of young children with health insurance, access to medical home and annual well-child check-ups.</p> <p>2.3 Reduce childhood exposure to toxic substances.</p> <p>2.4 Reduce Exposure and help mitigate the effects of childhood violence and trauma on physical and behavioral health.</p>

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Chronic Diseases

<u>Priority</u>	<u>Goal</u>	<u>Strategy</u>
Chronic Diseases	1. Reduce prevalence and inequities of obesity and obesity-related diseases.	1.1 Increase access to and availability of healthy food and beverages, and decrease access to and availability of unhealthy food and beverages. 1.2 Reduce household food insecurity. 1.3 Increase physical activity opportunities.
	2. Reduce prevalence and inequities in tobacco-related diseases.	2.1 Increase smoke-free or tobacco-free environments. 2.2 Increase access to and demand for cessation services, including the Illinois Tobacco Quitline and evidence-based community programs (e.g., Courage to Quit and Freedom from Smoking).
	3. Improve prevention, risk reduction, and management of chronic conditions.	3.1 Increase implementation of quality improvement processes in health systems that support clinical diagnosis and chronic care management. 3.2 Increase access to, coverage for, and utilization of community-based services for chronic disease prevention, risk reduction and disease management. 3.3 Improve asthma management, especially in children. 3.4 Increase rates of exclusive breastfeeding at hospital discharge.
	4. Change awareness, knowledge, attitudes, behaviors and skills to promote a culture of health.	4.1 Increase knowledge, skills and self-efficacy of organizations that serve SCC in adopting, implementing and evaluating, policy, systems and environmental improvements that make healthy living easier. 4.2 Continue to implement the Healthy HotSpot campaign to build multi-sector stakeholder and public support for policy, systems and environmental improvements or community solutions. 4.3 Employ public education campaigns related to risk factors associated with chronic disease (e.g., nutrition/healthy eating; physical activity/active living; tobacco cessation and exposure.