



**Cook County  
Department of Public Health**  
Cook County Health and Hospitals System

## **H1N1 (SWINE) FLU SIGNS AND SYMPTOMS**

Consult your health care provider if you have:

**100°F Fever or Higher**  
*AND any of the following:*

- Cough
- Sore Throat
- Stuffy/Runny Nose
- Diarrhea/Vomiting

For more information, please visit our website at:  
[www.cookcountypublichealth.org](http://www.cookcountypublichealth.org)



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## **H1N1 (SWINE) FLU PREVENTION TIPS**

Do these things to help keep germs from spreading:

- **Wash Hands Often**  
with soap and water
- **Cover Your Cough/Sneeze**  
with tissue or elbow
- **Stay Home When Sick**

For more information, please visit our website at:  
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or call 708-492-2000.



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