

**Cook County
Department of Public Health**
Cook County Health and Hospitals System



**SEASONAL & H1N1 FLU
PREVENTION TIPS**

Help keep germs from spreading:

- **Wash Hands Often**
with soap and water
- **Cover Your Cough/Sneeze**
with tissue or elbow
- **Stay Home When Sick**

For more information, please visit our website at:
www.cookcountypublichealth.org
or call 708-492-2828.

**Cook County
Department of Public Health**
Cook County Health and Hospitals System



**SEASONAL & H1N1 FLU
PREVENTION TIPS**

Help keep germs from spreading:

- **Wash Hands Often**
with soap and water
- **Cover Your Cough/Sneeze**
with tissue or elbow
- **Stay Home When Sick**

For more information, please visit our website at:
www.cookcountypublichealth.org
or call 708-492-2828.

**Cook County
Department of Public Health**
Cook County Health and Hospitals System



**SEASONAL & H1N1 FLU
PREVENTION TIPS**

Help keep germs from spreading:

- **Wash Hands Often**
with soap and water
- **Cover Your Cough/Sneeze**
with tissue or elbow
- **Stay Home When Sick**

For more information, please visit our website at:
www.cookcountypublichealth.org
or call 708-492-2828.

**Cook County
Department of Public Health**
Cook County Health and Hospitals System



**SEASONAL & H1N1 FLU
PREVENTION TIPS**

Help keep germs from spreading:

- **Wash Hands Often**
with soap and water
- **Cover Your Cough/Sneeze**
with tissue or elbow
- **Stay Home When Sick**

For more information, please visit our website at:
www.cookcountypublichealth.org
or call 708-492-2828.

**Cook County
Department of Public Health**
Cook County Health and Hospitals System



**SEASONAL & H1N1 FLU
PREVENTION TIPS**

Help keep germs from spreading:

- **Wash Hands Often**
with soap and water
- **Cover Your Cough/Sneeze**
with tissue or elbow
- **Stay Home When Sick**

For more information, please visit our website at:
www.cookcountypublichealth.org
or call 708-492-2828.

**Cook County
Department of Public Health**
Cook County Health and Hospitals System



**SEASONAL & H1N1 FLU
PREVENTION TIPS**

Help keep germs from spreading:

- **Wash Hands Often**
with soap and water
- **Cover Your Cough/Sneeze**
with tissue or elbow
- **Stay Home When Sick**

For more information, please visit our website at:
www.cookcountypublichealth.org
or call 708-492-2828.

**Cook County
Department of Public Health**
Cook County Health and Hospitals System



**SEASONAL & H1N1 FLU
PREVENTION TIPS**

Help keep germs from spreading:

- **Wash Hands Often**
with soap and water
- **Cover Your Cough/Sneeze**
with tissue or elbow
- **Stay Home When Sick**

For more information, please visit our website at:
www.cookcountypublichealth.org
or call 708-492-2828.

**Cook County
Department of Public Health**
Cook County Health and Hospitals System



**SEASONAL & H1N1 FLU
PREVENTION TIPS**

Help keep germs from spreading:

- **Wash Hands Often**
with soap and water
- **Cover Your Cough/Sneeze**
with tissue or elbow
- **Stay Home When Sick**

For more information, please visit our website at:
www.cookcountypublichealth.org
or call 708-492-2828.

**Cook County
Department of Public Health**
Cook County Health and Hospitals System



**SEASONAL & H1N1 FLU
PREVENTION TIPS**

Help keep germs from spreading:

- **Wash Hands Often**
with soap and water
- **Cover Your Cough/Sneeze**
with tissue or elbow
- **Stay Home When Sick**

For more information, please visit our website at:
www.cookcountypublichealth.org
or call 708-492-2828.